



Becoming Rather than Doing-part 1

Every woman is beautiful, but in this fallen world most women don't truly believe that about themselves or their own hearts. Every woman has so much to offer. However, rather than offer their beautiful heart and life, it's so easy for a woman to run to control because, out of fear, she imagines the worst.

As a result, women try to arrange their life by usually either hiding their true selves so they don't speak up, don't have a voice, or sort of go invisible. Or, they go to the other extreme which is "*I want 'it' my way or the highway*" and end up attempting to construct a life to eliminate fear by exerting control over everything and everyone. This could look like a whole lot of worry, anxiety, and hand wringing, or it could come out as dominating, being bossy, and becoming the "B" word that rhymes with itchy. We're just being honest.

The good news is this: neither of those two approaches are what is most true about women and about you in particular. You do in fact have a beautiful heart and you are beautiful to God. Let me say that again. *You are truly beautiful to God. He actually sees you that way. He loves the FACT that you are beautiful and you have a beautiful heart and he utterly delights in your and your feminine heart.*

How do you live that out so you embrace it, believe it, and own it so that you become more alive, true, feminine, vulnerable, open, inviting, and alluring?

Probably the best way is to get in touch with the desires God has written on your heart. Let's face it, life is difficult and a whole lot of stuff has come against you, your beauty, and your beautiful heart. The result is that for many women, they hide, they go numb, they resign, and they shift into overdrive efficiency and productivity (meaning they stay really busy and go into planning overkill). In the process they lose their hearts.

On top of that, they have been told to kill their heart; serve, do, give, sacrifice. So they have. The result is they go through life striving, working, grinding, planning, and executing and without meaning to, become drone like. It's not a good way to live.

The guarantee is this: if a woman stays like that she WILL destroy every relationship she has—her relationship with herself, with Jesus, with her husband, and with her kids. The outcome is ugly, really ugly, and you don't want that.

Next week I will share two things with you that if you will take the risk to engage with them, could well change the course of your life.

In His journey with you,

Reese